



1. What does it **look like** in practice to effectively Listen? Provide a specific example of a time you knew you were really listened to, and how you knew you had been heard.

| Looks Like in Practice... | Specific Example... |
|---------------------------|---------------------|
|                           |                     |

2. What does it **look like** in practice to effectively Learn from what others have said? Provide a specific example of a time you learned something meaningful from a colleague.

| Looks Like in Practice... | Specific Example... |
|---------------------------|---------------------|
|                           |                     |

3. What does it **look like** in practice to effectively Lead with others? Provide a specific example of a time you took action in a leadership role that involved collaboration.

| Looks Like in Practice... | Specific Example... |
|---------------------------|---------------------|
|                           |                     |