



# GUIDING LIGHT: PERSONAL VALUES AUDIT

Values are the moral standards and principles that an individual holds important in their life. Values guide decisions, influence behavior, and shape goals. When an educator's actions and career path align with their values, they achieve a greater sense of integrity and fulfillment. Living in congruence with one's values is crucial for feeling that one's life has meaning and purpose.

Identify and mark your top five values\* in each of the following areas:

Personal Values: ✓ Professional Values: # Students' Values: ○

**Adaptability** - Being able to adjust to new conditions.

**Compassion** - Showing kindness and understanding toward others.

**Courage** - Standing up for one's beliefs despite fear.

**Creativity** - Valuing original thought and expression.

**Empathy** - Understanding and sharing the feelings of others.

**Equality** - Believing in equal rights and opportunities for all.

**Fairness** - Treating others in a just and equitable manner.

**Freedom** - Valuing independence and autonomy.

**Generosity** - Giving freely to others without expecting anything in return.

**Gratitude** - Being thankful for what one has.

**Honesty** - Being truthful and sincere.

**Humility** - Having a modest opinion of one's own importance.

**Integrity** - Acting according to one's beliefs and principles.

**Justice** - Upholding fairness and moral rightness.

**Love** - Caring deeply for others.

**Loyalty** - Remaining faithful and devoted to someone or something.

**Optimism** - Looking at the brighter side of situations.

**Patience** - Waiting calmly for something without frustration.

**Perseverance** - Persisting in an endeavor despite difficulties.

**Respect** - Showing consideration and regard for others.

**Responsibility** - Being accountable for one's actions.

**Security** - Valuing safety and stability in life.

**Self-Respect** - Maintaining dignity and self-esteem.

**Trust** - Being reliable and trustworthy in relationships.

**Wisdom** - Having deep understanding and insight.

Other values: \_\_\_\_\_



## Reflect

How are your personal values aligned with your professional values?

How are your personal and professional values aligned with your students' values?

How have your values changed over the course of your professional life?

How have you seen students' values change over the years?

*\*While the list of values can vary depending on the research, cultural context, and methodology, we have provided a compilation based on common findings in various studies of values. These 25 values are often identified as important across different cultures and research frameworks.*

