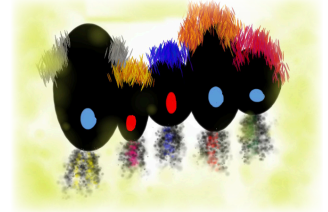


The following is a sample plan to support a school in amplifying Student Voice & Aspirations, including a focus on the 8 Conditions, paced over the course of a school year. This is not intended to be a prescriptive way to approach this work. Rather, it is a suggested outline that each school is welcome to adapt and implement as they see fit based on local context.

August: Understanding the Power of My Voice

There are three parts to student voice:

1. Feeling comfortable sharing your ideas in a safe space
2. Sharing realistic ideas that help everyone
3. Being responsible and taking action



Schoolwide Lesson:

- [Student Voice Lesson Secondary](#)
- [Na Hopena A'o Framework](#)

Resources for Students:

- [Understanding the Power of My Voice Student Self-Assessment \(3-12\)](#)
- [My Voice Potential](#)

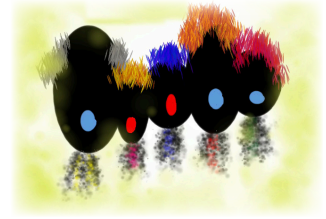
Resources for Teachers:

- [Voice Definition Brief](#)
- [Voice Instructional Strategies Secondary](#)
- [Voice Process Tool](#)
- [Student Voice Evidence](#)
- [Teacher Peer Observation Guide Voice](#)
- [Voice Definition Poster](#)

Resources for Parents:

- [Voice Overview](#)

Understanding the Power of My Voice



CHALLENGES FOR THE MONTH OF AUGUST

Student Voice Challenges

- Participate in a class discussion when you usually would be silent.
- Ask friends for their ideas before jumping in with your thoughts.
- Think of a solution before you present your teacher with a problem.

Staff Voice Challenges

- Intentionally develop opportunities for students to share their voices and ideas.
- Empower and celebrate the broad array of student perspectives and experiences by involving them as leaders and contributors in problem-solving and decision-making processes.
- Develop strategies for quiet/shy students to share their ideas in small groups or in writing.
- Plan how to provide opportunities for non-verbal students to share their thoughts and ideas.

Administrator Voice Challenges

- Ensure you set aside time to actively listen to students' ideas. Seek out students and ask for their thoughts.
- Invite small groups of staff to have lunch and casual conversations on a bimonthly basis.
- Be transparent about your decisions and actions that affect your students and staff.

September: Belonging



Feeling like you are an important part of the group, while knowing you are special for who you are.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Belonging Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Self-Worth Brief](#)
- [Self-Worth Instructional Strategies](#)
- [Belonging Roles & Responsibilities](#)
- [Belonging Taking Action](#)
- [Teacher Peer Observation Guide Self-Worth](#)

Resources for Parents:

- Belonging section in [8 Conditions Parent Reflective Guide](#)
-

Student Belonging Challenges

- All students needs to feel valued and included - learning and pronouncing other students' names correctly is one step you can take.
- Use a daily gratitude journal to write down three things you are grateful for.
- Visit a teacher you had last year to say "Hi", and share what you are doing this year.

Staff Belonging Challenges

- Learn the names and interests of three students you do not know.
- Do a self-check to make sure you are pronouncing the names of your students correctly.
- Eat lunch with a colleague you don't interact with a lot at school.
- Incorporate the interests/passions of students into some of your lessons.

Administrator Belonging Challenges

- Be sure all of your staff have an opportunity to share their thoughts during staff meetings.
- Greet students as they enter the building at the start of the school day.
- Include a [daily affirmation](#) during morning announcements.

October: Heroes



Having someone who believes in you and who is there when you need them.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Heroes Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Heroes Roles & Responsibilities](#)
- [Heroes Taking Action](#)

Resources for Parents:

- Heroes section in [8 Conditions Parent Reflective Guide](#)
-

Student Heroes Challenges

- Thank someone at school for helping you.
- Help another student who seems to be struggling with a school assignment.
- Show respect to cafeteria workers by picking up your trash and other items students leave in the cafeteria.

Staff Heroes Challenges

- Use strategies from [restorative justice](#) to help students develop positive interactions with peers.
- Develop a system to help students who were absent get caught up with their work. Let them know you missed them.
- Welcome students as they enter your classroom every morning. Let them know you care.

Administrator Heroes Challenges

- Read [Heroes in the Hallways](#). Share the link with your staff too.
- Develop a school mentoring program for students who could use another positive adult in their lives.
- Challenge yourself to learn the names and hobbies of as many students and staff as possible.

November: Sense of Accomplishment



Being recognized for many different types of success, including hard work and being a good person.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Sense of Accomplishment Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Sense of Accomplishment Roles & Responsibilities](#)
- [Sense of Accomplishment Taking Action](#)

Resources for Parents:

- Sense of Accomplishment section in [8 Conditions Parent Reflective Guide](#)
-

Student Sense of Accomplishment Challenges

- Complete some random acts of kindness. These could include completing a chore or task for someone without being asked, holding open a door, writing an encouraging note, sharing with others, or comforting someone who feels sad.
- Pick one assignment you know you can do better and redo it.
- Pick one skill you would like to improve, and work every day to improve that skill. Skills might be related to a hobby, sport, or academics. Keep track of your progress.

Staff Sense of Accomplishment Challenges

- Let your students' parents know when their child has done well at school.
- Teach your students how to evaluate and assess their work.
- Give your students opportunities to share what they already know before you begin a new lesson.
- Verbally celebrate students' who have worked hard to complete a project or improve in a subject area.

Administrator Sense of Accomplishment Challenges

- Be intentional about recognizing students who put forth effort at school.
- Celebrate citizenship on the school's website.
- During staff meetings let individual staff members know you value what they do. Everyone loves to be recognized for hard work!

December: Fun & Excitement



Having someone who believes in you and who is there when you need them.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Fun & Excitement Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Engagement Brief](#)
- [Engagement Instructional Strategies](#)
- [Fun & Excitement Roles & Responsibilities](#)
- [Fun & Excitement Taking Action](#)
- [Teacher Peer Observation Guide Engagement](#)

Resources for Parents:

- Fun & Excitement section in [8 Conditions Parent Reflective Guide](#)
-

Student Fun & Excitement Challenges

- If you find yourself losing focus, try listening and doodling.
- Next time you go the library, check out a book you usually wouldn't read.
- See how many days you can play after school you can find something different to do instead of going online, watching TV or other devices. Keep a tally of your success!

Staff Fun & Excitement Challenges

- Laugh with your students and share your love of learning.
- Be sure your classroom is a safe and welcoming space: students are more likely to be enthusiastic about their learning when they feel safe and welcomed in their learning environment.
- Incorporate some [brain breaks](#) into your classroom.

Administrator Fun & Excitement Challenges

- Eat with students in the cafeteria and let them teach you the latest emoji's, or better yet create new ones together and post outside your office.
- Mix up staff meeting locations and agendas just to change the routines.
- Encourage and support learning noise in the classroom. A loud classroom doesn't mean there isn't learning occurring.

January: Curiosity & Creativity



Asking “Why?” and “Why not?” about the world around you.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Curiosity & Creativity Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Curiosity & Creativity Roles & Responsibilities](#)
- [Curiosity & Creativity Taking Action](#)

Resources for Parents:

- Curiosity & Creativity section in [8 Conditions Parent Reflective Guide](#)
-

Student Curiosity & Creativity Challenges

- Keep a journal of questions. When you have time ask your teacher or parents your questions. No question is a bad question!
- Develop a new recess or board game. Share and play with your friends.
- Ask a student or adult who speaks a language different from you to share how to say some basic phrases. Bonus challenge: Ask them to share about the country the language originates from.

Staff Curiosity & Creativity Challenges

- Begin lessons with an open-ended question.
- Provide student options for assessing their learning (written, verbal, visual representation).
- Allow students time to wonder and as a class develop responses to each other’s wonderment.
- Teach students to reflect on their learning.

Administrator Curiosity & Creativity Challenges

- Share your educational curiosities with your staff.
- Provide opportunities for staff to debate current educational initiatives and programs. Assign people to debate the pros and cons so no one is put on the spot with their beliefs.
- Discuss creativity during staff evaluations and observations. Build a list of creative teaching practices in your building to share.

February: Spirit of Adventure



Being excited to try new things, even when you are not sure if you will be good at them.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Spirit of Adventure Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Spirit of Adventure Roles & Responsibilities](#)
- [Spirit of Adventure Taking Action](#)

Resources for Parents:

- Spirit of Adventure section in [8 Conditions Parent Reflective Guide](#)
-

Student Spirit of Adventure Challenges

- At home or in the cafeteria, try tasting a food you do not usually eat.
- Try a new sport or physical activity you have never done.
- Ask an adult to share their goals with you and how they achieved/are planning to achieve those goals

Staff Spirit of Adventure Challenges

- Voice your ideas and opinions at your next staff meeting. Then share with your students about your experiences voicing your ideas. How do you overcome fears of speaking out or having a different opinion?
- Teach goal setting to your students.
- With your students, create a new classroom rule or procedure to better support student learning. Pilot it for 4-6 weeks. Reflect on the outcome.

Administrator Spirit of Adventure Challenges

- Recognize a staff member who took a risk to improve learning.
- Be willing to step outside of your comfort zone. For example, sing Happy Birthday to students during morning announcements, or arrange and play on a staff-student basketball match or soccer game.
- Have a staff lunch where staff members bring in unusual and creative foods.

March: Leadership & Responsibility



Making your own decisions and accepting responsibility for those choices.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Leadership & Responsibility Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Purpose Brief](#)
- [Purpose Instructional Strategies](#)
- [Leadership & Responsibility Roles & Responsibilities](#)
- [Leadership & Responsibility Taking Action](#)
- [Teacher Peer Observation Guide Purpose](#)

Resources for Parents:

- Leadership & Responsibility section in [8 Conditions Parent Reflective Guide](#)
-

Student Leadership & Responsibility Challenges

- Leaders know how to listen to others' ideas. Ask a friend for their ideas on something that matters to you and simply listen.
- Leaders speak up when something is wrong or could be improved. Speak up and share your solutions to a school problem.
- Leaders act. Don't just sit around and expect other people to solve a problem, clean up a mess or help a friend. Be a leader and act on issues.

Staff Leadership & Responsibility Challenges

- Create a range of leadership opportunities to meet the range of leadership skills in your class.
- As a class, undertake a [service learning](#) project.
- Teach your students about community issues and challenges that are age appropriate.
- Discuss the power of youth leaders by sharing stories of students making a difference.

Administrator Leadership & Responsibility Challenges

- Invite students to participate on a committee with adults.
- Make sure all voices/different viewpoints have an opportunity to be heard at the next staff meeting.
- Share your leadership highs and lows with your staff.

April: Confidence to Take Action



Setting goals and taking the steps you need to reach them.

Schoolwide Lesson:

- Have each grade level select a common lesson from one of the [Confidence to Take Action Lessons](#)

Resources for Students:

- Activities from the Belonging section in the [Stand Up, Speak Out! 6-8 Guidebook](#)
- Activities from the Belonging section in the [Dream On 9-12 Guidebook](#)

Resources for Teachers:

- [Confidence to Take Action Roles & Responsibilities](#)
- [Confidence to Take Action Taking Action](#)

Resources for Parents:

- Confidence to Take Action section in [8 Conditions Parent Reflective Guide](#)
-

Student Confidence to Take Action Challenges

- Compliment classmates next time they do something well.
- Ask your parents or a relative about how they make their goals happen. What helps them achieve their goals?
- Give yourself a pep talk when you feel overwhelmed or that something is too hard.
- Try to make a difference through your actions for one person (student or adult) every day.

Staff Confidence to Take Action Challenges

- Compliment colleagues on something they do well.
- Take action on education issues that are important to you.
- Find opportunities to let every student shine each week.
- Help your students Dream Big! Share your short and long-term dreams. Create a dream board for students to post their dreams.

Administrator Confidence to Take Action Challenges

- Use the expertise of your staff. Ask for insights and ideas related to teachers' skills and passions.
- Support your teachers when they take a stand or make a decision that is in the best interest of their students even though it might be an unconventional idea.
- Encourage and support staff in writing, publishing, and sharing their expertise with a wider educational audience.
- Begin all student discipline meetings by sharing what the student does well rather than what is wrong with their actions.

May: Aspirations

Aspirations: the ability to dream and set goals for the future while being inspired in the present to reach those dreams - both dreaming and doing.

Schoolwide Lesson:

- [Aspirations Lesson Secondary](#)

Resources for Students:

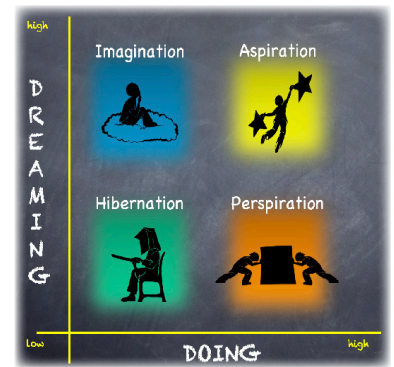
- [Student Self-Reflection on Learning Gr 6-12](#)
- [Aspirations Story Squares](#)

Resources for Teachers:

- [Aspirations Profile Brief](#)
- [Aspirations Framework Brief](#)
- [Aspirations Quadrants Instructional Strategies Secondary](#)
- [Aspirations Profile Poster](#)

Resources for Parents:

- [Aspirations Overview](#)



Student Aspirations Challenges

- Write or draw a list of your memories over the school year. What did you learn this year and what is the most important thing you want to remember?
- Reading aloud can help your memory - try it when you are studying for a test.
- Check out the New York Times [Word of the Day](#) and try to use it in a sentence.

Staff Aspirations Challenges

- Create opportunities for your students to complete educational pursuits both inside and outside the classroom.
- With your students set goals for the upcoming week or month. Be sure the goals are measurable and obtainable.
- What goals are you proud of achieving and why?
- Celebrate class accomplishments.

Administrator Aspirations Challenges

- Share your professional goals with your students and staff.
- Revisit and re-evaluate the school goals. Share these goals with your staff and colleagues.
- Review the ways your school communicates with all families and community members about the school's vision, mission, goals, activities, and opportunities for students. Are you reaching everyone?