

Students should complete sections I–VIII and proceed to the Interpretive Chart on the last page.

SECTION I

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I am comfortable being myself at school.

I understand others' viewpoints and ideas.

I interact with all different types of students.

I don't rush to judge other students' actions.

I support peers who have trouble fitting in at school.

I share my ideas and opinions in class.

I make sure my teachers know me as an individual.

I do not bully other students at school.

Total Score

SECTION II

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I am open to others who seek out my help and advice.

I know I can be a positive role model for others.

I avoid gossip and negative talk about others.

I support peers who struggle and need support.

I show respect to adults at school.

I am willing to do group work with lots of different students.

I am comfortable sitting with different students during lunch.

I am open to others' ideas and opinions even if I don't agree.

Total Score

SECTION III

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I put forth effort even if an assignment is not graded.

I am willing to redo assignments to improve my work.

I put forth effort to be a good citizen.

I make sure my peers know they can count on me to try my best.

I am proud of my accomplishments.

I seek help when I struggle academically.

I participate in class discussions.

I try my best on assignments and tests.

Total Score

SECTION IV

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I enjoy learning information that interests me.

I laugh and have fun at school.

I know how to make learning fun.

I take an active role in my own learning.

I am open to learning new ideas and thoughts.

I get excited to start a new school year.

I approach the school day with an optimistic attitude.

I want to learn more about subjects that interest me.

Total Score

SECTION V

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I ask questions during class.

I am not afraid to be creative with my ideas or answers.

I share my ideas and thoughts during class.

I learn outside the classroom setting.

I am not afraid to challenge the ways things are.

I am willing to listen to different perspectives.

I try to find solutions to my own problems.

I am curious about the world around me.

Total Score

SECTION VI

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I take classes that challenge me.

I try to be successful in all my classes.

I set goals for myself.

I am excited and engaged by new challenges.

I am not afraid to make mistakes.

I think it is important to take healthy risks.

I push myself to do better in school.

I ask for help when I need it.

Total Score

SECTION VII

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I am a leader at my school. _____

I improve my leadership skills. _____

I voice my opinion on school issues. _____

I understand the consequences of decisions I make. _____

I seek out opportunities to make decisions. _____

I know how and why I make decisions. _____

I listen to other students' ideas and opinions. _____

I voice my opinions and ideas in the classroom. _____

Total Score

SECTION VIII

Score yourself for each of the following statements using the scale below:

Always: **4** Most of the time: **3** Sometimes: **2** Seldom: **1** Never: **0**

I have high expectations for myself. _____

I know I will be successful. _____

I believe I can make a difference in my community. _____

I am able to reflect on my actions. _____

I understand the importance of education. _____

I think about my future. _____

I make decisions to reach future goals. _____

I take action in causes I believe in. _____

Total Score

... INTERPRETIVE CHART ...

Transfer the Total Score from each section to the grid below.

SECTION	SCORE	8 CONDITIONS
I	<input type="text"/>	Belonging
II	<input type="text"/>	Heroes
III	<input type="text"/>	Sense of Accomplishment
IV	<input type="text"/>	Fun & Excitement
V	<input type="text"/>	Curiosity & Creativity
VI	<input type="text"/>	Spirit of Adventure
VII	<input type="text"/>	Leadership & Responsibility
VIII	<input type="text"/>	Confidence to Take Action