



Selfie-Confidence

Confidence to Take Action:

Confidence to Take Action is about believing in yourself and your abilities and celebrating other students' abilities. Students of all ages should be proud of who they are and express why they are proud of other students too.

Objective:

Students will be able to create a reflection of their own self-confidence.

Materials:

Whiteboard; digital camera/instant camera/mobile phone.

Steps:

- Warm-up discussion: What does it mean to be self-confident? What does it mean to be proud of who you are? What are you confident about? How can you support other students to be confident in their abilities?
- Explain to students that they are going to participate in an exercise in building self-confidence.
- Allow students to research different compliments online and create vocabulary words.
- Next, have one student stand in front of a whiteboard while others write a positive phrase about them with an arrow pointing to them (e.g., funny, brightens my day, great listener, positive). Take each student's "selfie" and give it to the student.

Personal Reflection:

- What are you self-confident about?
- What does it feel like to have other students believe in you?

Group Reflection:

How can you help other students believe in themselves?

Discuss the following statements:

- To improve Confidence to Take Action for myself, I will _____.
- To improve Confidence to Take Action for other students, I will _____.
- To improve Confidence to Take Action for everyone, we will _____.

Extended Learning:

Ask: Why is it important to be confident about pursuing your dreams? What are your dreams? Learn about different careers at <http://kids.usa.gov/jobs/>. Pick several different careers to learn about. What skills are needed for that job? What career do you think you would enjoy and be successful at? Explain.

Students will create their own selfie-confidence posts. Using PicCollage, have students take a pictures of themselves. Then add text! Students can type characteristics that they have that they are proud of. Change the color and font to make it a work of art.

Notes
