



From There to Here

Confidence to Take Action:

Confidence to Take Action is about dreaming about the future and doing something in the present to reach those dreams. Many students have some idea of what or who they want to be, but have not thought clearly about how they might get there.

Objective:

Students will be able to create an action plan about their future.

Materials:

From There to Here worksheet.

Steps:

- Warm-up questions: What do you imagine you will be doing in five years? In ten years? In twenty?
- What do you know about how successful people become successful?
- Give students the worksheet and have them mark the X with an exponent that indicates the age they will be fifteen years from now. Students will mark the letter S with the age they are currently. If a student is fifteen years old now, they would mark X30 indicating their age at thirty and S15 indicating their current age.
- Next to the X, have students write where they would like to be fifteen years from now: Running a business? Owning a house? Being married? Students can write down several things. Encourage students to be realistic.
- Have students back up from that future date three years and add the appropriate exponent to the W (example W27). Next to the W, have students indicate where they need to be three years before they arrive at X, if they hope to arrive successfully at X. For example, if they want to be married, they may want to be in a relationship three years prior. If they want to own a business, they may want to have worked for a business in a related field. If they want to own a home, they will need a down payment.
- Back up another three years using the letter V (example V24). Have students describe where they would need to be three years before W to get to W successfully.

- Have the students back up five years from V and use the letter U to indicate where they need to be five years before V (example U19).
- Lastly, use the letter T to indicate where students need to be two years from now if they hope to arrive at U successfully (example T17).

Personal Reflection:

- What are you working on currently that relates to your Aspirations for the future?
- What else could you do today to make your hopes for your future more likely?

Group Reflection:

- What does this exercise teach you about what it means to be successful?
- Do you believe that your dreams are achievable?
- Allow volunteers to share what they are doing today that relates to their Aspirations for the future.
- Allow others to share what they want to start doing today.

Notes:

From Here to There Worksheet

X

W

V

U

T

S