



Adventure Action Cards

Spirit of Adventure:

Being excited to try new things, even if you don't know if you'll excel.

Objective:

Students will be able to accept and reflect on a challenge that requires a Spirit of Adventure.

Materials:

Sticky notes for every student; Microsoft Word or a tech tool to make a list with pictures and writing.

Steps:

- Warm-up discussion: Why is it important to have a Spirit of Adventure in life and school?

- Explain to students that they are going to dare each other to have a Spirit of Adventure. Students should write Adventure Actions on sticky notes and post them on the board. Feel free to use the following examples.
 - Read a book from a new genre. For example, if nonfiction is your thing, try a mystery novel.
 - Order something unique off the menu at a restaurant.
 - Play a new game at recess.
 - Use a new type of technology.
 - Sit with a new friend.
 - Ask a question in class.
 - Try a new type of art project.
 - Wear a unique outfit to school.
 - Ask someone new to be your partner on a project.
 - Share a talent with your teachers.
 - Join a new club.
 - Enter a competition that you may not be good at.
 - Take part in a dance-off.
 - Eat something unusual.

- Be sure all the challenges are safe.
- Allow students to go up to the board and accept an Adventure Action card.
- Have students read their Adventure Action card aloud. Allow students to give advice, feedback, or tell relevant stories about the actions.

Personal Reflection:

Take a picture of you completing your Adventure Action card. Describe what Adventure Action you picked.

- What did you do? How did you feel while doing the activity?
- What was the most difficult part of this task?
- What did this experience teach you?

Group Reflection:

- Students will display and share pictures.
- How can having a Spirit of Adventure help you in school and other real-life situations?
- How has your thinking changed as a result of this assignment?
- Create an adventure action challenge for the whole class to do together. Here are some examples: Create a parody to a popular song around a classroom concept, learn advanced words in Spanish, or perform a play for another class.

Extended Learning:

Have each student create a personalized bucket list. Encourage students to be creative with the format, colors, and pictures of the bucket list. The bucket list should include twenty to thirty statements that they will need a Spirit of Adventure to complete. PictCheck is an app where students can create a list and add pictures. They can also check boxes off as they complete their bucket list.