



BELONGING:
Feeling valued
in your community.

I CAN

- Be a good friend.
- Welcome new students to our school.
- Be proud of myself.
- Help students who struggle at school.



HEROES:
People who
encourage, inspire and
support you.

I CAN

- Take turns.
- Share with other students.
- Stand up for students who are bullied.
- Invite kids who are by themselves to play with me.



SENSE OF ACCOMPLISHMENT:
Celebrating all types
of success.

I CAN

- Keep trying when an assignment is hard for me.
- Be helpful in my class and school.
- Try my best at school.
- Congratulate my friends when they do well.



FUN & EXCITEMENT:
Finding joy in things you do.

I CAN

- Read books that I find enjoyable.
- Come to school excited and ready to learn.
- Learn about my friends' hobbies and interests.
- Let my teacher know what I like to learn about.



CURIOSITY & CREATIVITY:
Asking “why?” and
“why not?” about the
world around you.

I CAN

- Do some type of physical activity every day (running, dancing, playing, walking).
- Try more than once to figure out a problem or challenge.
- Spend time thinking about my ideas.
- Sing, listen to music, play an instrument even if I am not great at it.



SPIRIT OF ADVENTURE:
Seeking and embracing
challenges.

I CAN

- Learn from my mistakes.
- Keep trying when I don't get something right the first time.
- Ask for help if I don't understand something.
- Limit my time on social media to explore other interests and activities



**LEADERSHIP &
RESPONSIBILITY:**
Making decisions and
taking responsibility for
your choices.

I CAN

- Make my own decisions and not just follow my friends.
- Finish my assignments and projects.
- Use technology responsibly
- Make good choices at school.



**CONFIDENCE TO
TAKE ACTION:**
Believing in yourself
and taking steps to
make a difference.

I CAN

- Celebrate when I reach my goals.
- Dream about my future.
- Make a difference at school.
- Work hard to reach my goals.

