

*"Purpose endows a person with joy in good times
and resilience in hard times."
Professor William Damon (Stanford University, 1990)*



Your life purpose consists of the central motivating aims of your life—the reasons you get up in the morning. Purpose can guide life decisions, influence behavior, shape goals, offer a sense of direction, and create meaning. As an educator there is nothing more important than understanding your purpose and the impact you have on others.

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The following questions are intended to help guide you in reflecting on your purpose, renewing your passions, and realizing your potential as an educator.

1. What are the things you love to do?

2. What makes you truly happy?

3. What are the things you are good at (talents)?

4. How can you help others?

5. What is YOUR purpose?

6. How does your purpose impact your role in education?