



People with strong Self-Worth believe in themselves and have the ability to adapt and improve any situation when they put their minds to it. They frequently live in the Aspiration quadrant, and when they slip into the other quadrants, they take action to move back into the land of Aspirations. They are also vested in helping to develop Self-Worth in others. Just like effective gardeners, they plant seeds, continually water, and remove weeds when necessary.

What can *you* do to help *grow* Self-Worth at your school?

Positive example of Self-Worth in my school:

Actions I will take to continue and grow this positive practice:

Area in need of improvement related to Self-Worth in my school:

Actions I will take to cultivate Self-Worth in my school: