



I Am

Early Elementary Lesson Plan

Values:

Values are the things you believe are really important and help you make good choices.

Objective:

Students will be able to articulate and/or draw their understanding of Values.

Materials:

Paper, markers and/or crayons.

Activity Steps:

- Start by sharing this definition with your students: Values are the things you believe are really important and help you make good choices. They help you know what's right and wrong, how to be a good friend, and how to treat others kindly. If being kind, honest, and fair is important to you, those are your values. They show others what kind of person you are and help you make good choices every day!

Discuss the definitions of the following values with your students:

- ♦ **Compassion** is being kind and caring toward others. It means understanding how someone else feels and wanting to help them when they are upset or need support.
- ♦ **Courage** is being brave enough to do what's right, even when it's hard or scary. It means standing up for yourself and others and making good choices, even if you're unsure or nervous.
- ♦ **Creativity** means thinking in new and different ways. When you are creative, you make something that is unique and shows your own personality and imagination.
- ♦ **Fairness** means treating everyone the same, no matter who they are. When we are fair, we make sure no one is left out or treated unfairly.
- ♦ **Gratitude** is appreciating what you have, whether it's family, friends, or even the little things that make you happy. When you show gratitude, you focus on the positive and feel thankful every day.
- ♦ **Honesty** means telling the truth and being sincere. When you are honest, people can trust you, and you feel good about being true to yourself.
- ♦ **Love** is caring a lot about other people and wanting the best for them. It's about showing kindness, helping others, and making them feel special.
- ♦ **Patience** is being able to wait calmly for something, even if it takes a long time. It means not getting upset or frustrated when things don't happen right away.

- ♦ **Perseverance** is continuing to work hard and not giving up, even when things are tough or challenging. It means staying focused and trying your best, even when it feels difficult.
 - ♦ **Respect** is treating others with kindness and care. It means listening to people, being polite, and valuing their feelings and opinions.
 - ♦ **Responsibility** means being in charge of your actions and choices. When you're responsible, you make sure you take care of your tasks and are honest about what you do.
 - ♦ **Self-Respect** is believing in yourself and treating yourself with kindness. When you have self-respect, you take care of yourself and make choices that show you care about your own well-being.
 - ♦ **Trust** means keeping your promises and being honest, so people know they can depend on you. When you earn trust, others feel safe and comfortable around you.
- Have students brainstorm values that they want to represent their class. What do they believe is important? How should students act and treat each other in your classroom?
 - Ask students to complete the following sentence starters:

- ♦ I am kind when I ...
- ♦ I am brave when I ...
- ♦ I use my imagination when I ...
- ♦ I am honest when I ...
- ♦ I am fair when I ...
- ♦ I am happy when I ...
- ♦ I am patient when I ...
- ♦ I try my best when I ...
- ♦ I am polite when I ...
- ♦ I am responsible when I ...
- ♦ I make good choices when I ...



- Have students draw a picture of themselves being a super hero for one of the values.

Personal Reflection:

Have students reflect on why it is important to share the things they care about and value with others. Why is it important to listen to others tell you about the things they care about and value?

Extended Learning:

Use these suggested read-alouds or books from your classroom to expand your students' understanding of Values.

[Gratitude is my Superpower](#)
[Franklin Says I Love You](#)
[The Big Umbrella](#)
[Dr. Seuss's You Are Kind](#)

[Have You Filled a Bucket Today?](#)
[Kindness is my Superpower](#)
[The Most Magnificent Thing](#)
[The Magic of Me - My Magical Choices](#)