



Curiosity & Creativity and Spirit of Adventure Lesson

The purpose of this session is to introduce students to the Conditions of Curiosity & Creativity and Spirit of Adventure during a 90-minute class. Teachers or student leaders delivering this lesson are invited to adjust the content depending on time and local context.

Warm Up (Suggested Time: 10 min)

Toothpick challenge. Directions are on the PPT slide. Typically, students will try to figure it out on a flat surface. Some students will make the breakthrough that it can be 3D.

Part 1: Curiosity & Creativity (Suggested time: 40 min)

The Condition of Curiosity & Creativity is characterized by inquisitiveness, eagerness, a strong desire to learn new or interesting things, and a desire to satisfy the mind with new discoveries. Curiosity triggers you to ask, "Why?" while creativity has you asking, "Why not?"

Curiosity & Creativity introduces students to the importance of asking questions and divergent thinking. Students are asked to get creative with some everyday items. Connect this idea to challenge them to be creative when they get stuck academically at school. Are there other solutions or ways at looking at a problem?

Part 2: Spirit of Adventure (Suggested time: 40 min)

The Condition of Spirit of Adventure is characterized by your ability to take on positive, healthy challenges at school and home, as well as with family and friends. You can experience Spirit of Adventure when you tackle something new without the fear of failure or success. It is important to set goals and challenge yourself to reach those goals.

Spirit of Adventure introduces students to the importance of taking healthy risks and setting goals for themselves. The ball activity is designed for students to think about why they did or did not take a risk with the directions. In other words, most students will pass the ball in a circle – the way it is usually done. But the directions did not prevent them from using other strategies to be faster. The goal setting activity is designed for students to be able to share tips and ideas for their peers. What works for you with goal setting?

Supplies needed:

- 6 toothpicks per students
- Copies of the Creativity Self-Assessment
- Copies of Spirit of Adventure Scenario cards
- Three tennis balls
- Optional: Printed blank recipe cards for the goal setting activity.