

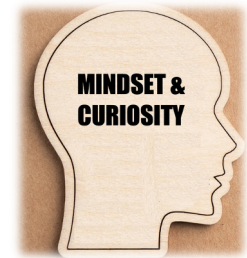
Directions

Read each statement and circle the number that best describes you.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

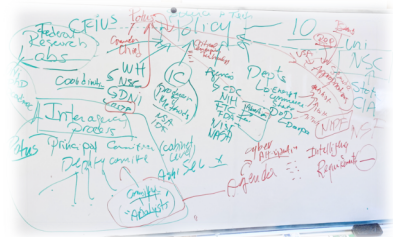
Mindset & Curiosity

1. I ask questions about how things work.
1 2 3 4 5
2. I am curious about topics beyond school requirements.
1 2 3 4 5
3. I enjoy exploring new or challenging ideas.
1 2 3 4 5
4. I notice details others might miss.
1 2 3 4 5



Idea Generation

5. I can come up with multiple solutions to a problem.
1 2 3 4 5
6. I enjoy brainstorming and “what if” thinking.
1 2 3 4 5
7. I connect ideas across different subjects.
1 2 3 4 5
8. I think of original or unusual ideas.
1 2 3 4 5



Flexibility & Open-Mindedness

9. I am open to changing my opinion.
1 2 3 4 5
10. I can see different perspectives.
1 2 3 4 5
11. I am comfortable without clear answers.
1 2 3 4 5
12. I try new approaches when stuck.
1 2 3 4 5



Risk-Taking & Resilience

13. I share ideas even if I might be wrong.
1 2 3 4 5
14. I learn from mistakes.
1 2 3 4 5
15. I stick with difficult ideas.
1 2 3 4 5
16. I try new things even if I might fail.
1 2 3 4 5



Application & Expression

17. I enjoy creating things.
1 2 3 4 5
18. I use imagination in my work.
1 2 3 4 5
19. I turn ideas into real outcomes.
1 2 3 4 5
20. I enjoy solving complex problems.
1 2 3 4 5



What areas were your highest?

What areas could you work towards improving in your creativity?

Reflection Questions

- When do you feel most creative?
- What helps you come up with your best ideas?
- What blocks your creativity?
- What is one way you could become more creative this month?