



Using the statements below, reflect on your skills and experiences as a communicator.

1 = Never 2 = Sometimes 3 = Frequently 4 = Way of Being

Rate *yourself* as a communicator:

1. I am a patient listener.	1	2	3	4
2. I show others I appreciate their ideas.	1	2	3	4
3. I ask questions for clarity.	1	2	3	4
4. I listen more than I talk during team meetings.	1	2	3	4
5. At the end of a meeting, I can summarize what was discussed.	1	2	3	4
6. I share my thoughts even when others may not agree.	1	2	3	4
7. I think before I speak.	1	2	3	4
8. I am concise when I share my ideas.	1	2	3	4
9. I am empathetic to my colleagues' frustrations.	1	2	3	4
10. I am aware of the tone of my voice when I communicate.	1	2	3	4
11. When I self-reflect, I am willing to learn and change.	1	2	3	4
12. I am honest when sharing my thoughts.	1	2	3	4
13. I am open to feedback and suggestions from others.	1	2	3	4

Using the statements below, reflect on the communication
of your Aspirations Team

1 = Never 2 = Sometimes 3 = Frequently 4 = Way of Being

1. We have an agenda with specific goals for each meeting.	1	2	3	4
2. Our team meetings are efficient.	1	2	3	4
3. Everyone has opportunities to share their ideas.	1	2	3	4
4. Our team creates clarity with the full staff about our plans, ideas, and goals.	1	2	3	4
5. Our team welcomes new ideas and suggestions.	1	2	3	4
6. Team members are open and honest with each other.	1	2	3	4
7. Our team embraces new members.	1	2	3	4
8. No single person dominates conversations within our team.	1	2	3	4
9. Team members are respectful of each other.	1	2	3	4
10. During team meetings, people are provided time to think.	1	2	3	4
11. Our team regularly articulates the purpose and expectations of Student Voice & Aspirations work.	1	2	3	4
12. Teachers and students have a common understanding of Voice.	1	2	3	4
13. If a team member is absent from a meeting, they are always informed about what was discussed and decided upon.	1	2	3	4