



Career Quest

Confidence to Take Action:

Confidence to Take Action is about exploring your skills, interests, and future opportunities.

Objective:

Students will be able to research a potential career, identify responsibilities and skills of the career, and evaluate what skills they have now that relate to this position.

Materials:

Internet access; student presentation materials may vary.

Steps:

- Ask students to list examples of careers. Ask guiding questions so students recall a number of careers. Who do you call when your dog is sick? Who makes sure the school is safe and clean? Who answers the phone and organizes important papers for the principal? Who do you see when you are sick?
- Students should now list some of the things they are interested in and like to do. Allow students to share ideas. Ask the class if they can think of any careers that go with that idea. For example, if a student says she likes dolphins, ask students to think of careers where you would work with dolphins.
- From this discussion, invite students to research a career of their choice and answer the following questions.
 - What would a day in the life of a _____ be like?
 - What would your responsibilities be? What would you do at work?
 - What skills would you need to have?
 - Do you have any of these skills today?
 - What skills will you want to work on so you can be successful in this career someday?
- Students should present their findings to the class. When students present, have them bring in a prop, dress up in a costume, or have a visual aide that helps other students understand the job better.

Personal Reflection:

- Draw a picture of what you imagine your future to look like. What could you do now to get there someday?
- The coloring pages and activities in the Careers Coloring and Activity book have been designed around the 16 Career Clusters developed by the U.S. Department of Education
https://lmi.delaware.gov/_Publications/Coloring-Activity-Book.pdf

Group Reflection:

- Can developing skills now help you for your future dreams?
- What can you do right now in the present?
- What are you confident about?
- Did you notice how a variety of careers are represented in our class?
- Do you think all students should pursue the same career? Why or why not?
- Why is it good for a community to have people who have different skills, interests, and backgrounds?

Extended Learning:

Your students can explore their interests and learn about different careers using the free resources on the Teachers Pay Teachers site:

<https://www.teacherspayteachers.com/browse/activities/activities/elementary/kindergarten/specialty/career-and-technical-education/>

Notes:
