

Strategies to Support Aspirations

The teacher-generated strategies below support students on their Aspirations journeys. Remember that the quadrants are fluid—a student may appear to be in Hibernation at one point during a class or semester, yet Aspiration at another time.

IMAGINATION	ASPIRATION
• Utilise short-term and long-term SMART goal setting • Celebrate students' effort and incremental successes • Have students teach a lesson to peers • Establish opportunities for students to mentor younger students • Use online polling to get immediate student feedback and discuss the results with the students • Incorporate service learning • Involve students in hands-on learning and activities • Incorporate technology in lessons and invite students to share the new, relevant technology they use • Host a reality fair for students • Include metaphorical thinking • Have students apply skills they are learning to real life problems	• Incorporate metacognitive activities • Co-teach with your students • Help students develop their public speaking and presentation skills • Incorporate service learning/community involvement • Help students publish their writing, art work, websites, etc. • Encourage students to enter academic contests • Have students join online learning communities that you have approved • Develop students' problem-solving skills • Provide internship opportunities • Encourage students to participate in online college classes • Establish job shadowing opportunities for students • Visit university campuses • Connect students with school-wide leadership opportunities
HIBERNATION	PERSPIRATION
• Utilise culturally relevant strategies • Facilitate an "If You Really Knew Me" activity • Arrange for an informal mentor to connect with a student for two minutes every day • Ensure tasks are appropriately challenging—not too easy or too hard • Foster peer support • Chunk work into manageable parts • Connect tasks and your examples to students' interests • Set up achievable short-term goals (hourly, daily, weekly) • Provide choice in tasks • Re-evaluate the setup of your classroom • Use gaming strategies • Include student-selected topics of study • Provide guided notetaking templates • Take real and virtual field trips	• Encourage students to sketch/doodle/journal • Support divergent thinking • Incorporate improv games • Flip the learning in your classroom • Ask students to articulate the purpose of lessons and the importance of subjects they're studying • Allow students to direct projects • Have students complete an interest profile • Discuss work/career interests and possible paths to achieving personal goals • Have students interview others about their goals and aspirations • Include tasks that will not be graded • Use collaborative learning • Reward students' efforts • Utilise vision boards