

## Strategies to Support Aspirations

The teacher-generated strategies below support students on their Aspirations journeys. Remember that the quadrants are fluid—a student may appear to be in Hibernation at one point during a class or semester, yet Aspiration at another time.

IMAGINATION	ASPIRATION
<ul style="list-style-type: none"> <li>• Set short-term and long-term <a href="#">SMART</a> goals</li> <li>• Help students <a href="#">categorize</a>, determine <a href="#">fantasy versus realism</a>, and distinguish <a href="#">fact versus opinion</a></li> <li>• Provide time for students to <a href="#">draw</a>, <a href="#">build</a>, create AND connect it all to lessons</li> <li>• Use <a href="#">rubrics</a> to help students understand what they need to learn to succeed</li> <li>• Celebrate students' <a href="#">effort</a> and incremental successes</li> <li>• Share <a href="#">stories</a> of how young people make dreams a reality</li> <li>• Model strategies for organizing work and breaking down assignments in order to meet deadlines</li> <li>• Involve students in <a href="#">hands-on</a> learning</li> <li>• Incorporate <a href="#">technology</a> in lessons</li> <li>• Teach students about <a href="#">metaphors</a></li> <li>• Apply skills students are learning to <a href="#">real-life</a> problems</li> </ul>	<ul style="list-style-type: none"> <li>• Incorporate <a href="#">metacognitive</a> activities and <a href="#">strategies</a></li> <li>• Assign students responsibilities for <a href="#">peer teaching</a></li> <li>• Help students develop their <a href="#">public speaking</a> and <a href="#">presentation skills</a></li> <li>• Assist students with <a href="#">publishing</a> their writing, art work, websites, etc.</li> <li>• Encourage students to enter <a href="#">academic contests</a></li> <li>• Develop students' <a href="#">problem-solving skills</a></li> <li>• Seek out school-wide <a href="#">leadership</a> opportunities and discuss <a href="#">what makes a leader</a></li> <li>• Ensure students are <a href="#">challenged</a>, but not frustrated</li> <li>• Involve students in <a href="#">service learning</a></li> </ul>
HIBERNATION	PERSPIRATION
<ul style="list-style-type: none"> <li>• Utilize culturally relevant strategies</li> <li>• Use <a href="#">project-based learning</a></li> <li>• Use students' names, <a href="#">interests</a>, and <a href="#">prior knowledge</a></li> <li>• Build <a href="#">relationships</a> with students</li> <li>• Ensure assignments are appropriately <a href="#">challenging</a>—not too easy or too hard</li> <li>• <a href="#">Chunk</a> work to make it less overwhelming</li> <li>• Set up achievable <a href="#">short-term goals</a> (hourly, daily, weekly) with students</li> <li>• Provide <a href="#">choice</a> in assignments</li> <li>• Foster <a href="#">peer support</a></li> <li>• Re-evaluate the <a href="#">setup</a> of your classroom</li> <li>• Use <a href="#">gaming</a> strategies</li> <li>• Include student-selected topics of study</li> <li>• Provide guided <a href="#">notetaking</a> templates</li> <li>• Take real and <a href="#">virtual</a> field trips</li> </ul>	<ul style="list-style-type: none"> <li>• Encourage students to sketch/<a href="#">doodle</a>/journal</li> <li>• Clearly state the <a href="#">purpose</a> of lessons and units of study</li> <li>• Teach and provide time for student <a href="#">reflection</a></li> <li>• Ensure <a href="#">homework</a> has a clear purpose</li> <li>• Take <a href="#">brain breaks</a> with your students</li> <li>• Verbally reward <a href="#">effort</a> and hard work</li> <li>• Support and encourage <a href="#">divergent</a> thinkers</li> <li>• Engage in <a href="#">improv</a> games</li> <li>• Ask students to articulate the purpose of a lesson/subject</li> <li>• Include <a href="#">student-led</a> projects</li> <li>• Provide <a href="#">non-graded</a> assignments</li> <li>• Use <a href="#">collaborative</a> learning</li> <li>• Utilize <a href="#">vision</a> boards</li> <li>• Fuel <a href="#">divergent thinking</a></li> </ul>