

## Aspirations

The ability to dream and set goals for the future while being inspired in the present to reach those dreams.

Everyone should have BIG DREAMS! Some of your dreams may be short term (e.g. I want to finish my homework tonight) while other dreams are long term (e.g. I want to be a scientist who finds cures for diseases). Whether short term or long term, it takes hard work to make *your* dreams a reality.

**Aspiration** describes when a person has the ability to think about the future, set goals for themselves, and take action now to reach those goals. For example, if you want to do better on an upcoming test, then you start studying and preparing now.



Effort

Success

Dreams

Goals

Perseverance

- Why do you think this picture represents Aspiration?

**Perspiration** defines someone who works exceptionally hard and puts forth effort, but lacks a sense of purpose. For example, if you work really hard to make a sports team, but you really do not care about playing that sport, you might be in Perspiration.



Determined

Driven

Diligent

Reliable

Attentive

- Why do you think this picture represents Perspiration?

**Imagination** is characterized by individuals who readily share their future plans, but who show little, if any, effort to reach those dreams. For example, if you have many wonderful dreams and a lot you want to accomplish, but you never actually do anything to make those dreams come true, you might be in Imagination.



Big Ideas

Creative

Thinker

Dreamer

- Why do you think this picture represents Imagination?

# Aspirations Profile

## Elementary Student Resource

Someone who does not think about the future, has no clear goals, and puts forth no effort in daily life is in **Hibernation**. For example, if you really do not have any goals or plans and spend most of your time letting others do things for you, you might be in Hibernation.



Stuck

Aimless

Confused

Undirected

- Why do you think this picture represents Hibernation?

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### Help your peers reach their dreams!

List three steps each student can take to reach their dreams.

**Student #1 wants to do well in school.**



Step #1 \_\_\_\_\_

Step #2 \_\_\_\_\_

Step #3 \_\_\_\_\_

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**Student #2 wants to participate in the school's chess club.**



Step #1 \_\_\_\_\_

Step #2 \_\_\_\_\_

Step #3 \_\_\_\_\_

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**Student # 3 wants to make more friends.**



Step #1 \_\_\_\_\_

Step #2 \_\_\_\_\_

Step #3 \_\_\_\_\_

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## Your Turn!

What is one dream/goal you would like to achieve?

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List three steps you can take to achieve your dream.



Step #1 \_\_\_\_\_

Step #2 \_\_\_\_\_

Step #3 \_\_\_\_\_

Why is this goal important to you?

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Who can help you achieve your goal?

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