



# AIMING HIGH: PERSONAL ASPIRATIONS AUDIT

Aspirations represent an individual's hopes and dreams for the future while being inspired in the present to reach those dreams. When educators work toward their hopes, they are driven by a vision of what they wish to achieve or become. Pursuing and achieving one's aspirations can validate personal capabilities and significantly enhance an educator's sense of purpose.

Aspirations Profile

|          |      |                                                                                                          |                                                                                                            |
|----------|------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| Dreaming | High | <b>Imagination</b><br>Sets goals for the future, but does not put forth the effort to reach those goals. | <b>Aspiration</b><br>Sets goals for the future, and puts forth effort in the present to reach those goals. |
|          | Low  | <b>Hibernation</b><br>Has no goals for the future, and puts in no effort in the present.                 | <b>Perspiration</b><br>Works hard in the present, but has no goals for the future.                         |
|          |      | Low                                                                                                      | High                                                                                                       |

**Hibernation:** Someone who does not think about the future, has no clear goals, and puts forth little or no effort in daily life.

- When do you feel you are in Hibernation?
- Reflect on what is happening during those times both in your own mind as well as in your surroundings.

**Perspiration:** Someone who works exceptionally hard and puts forth effort but lacks a sense of direction and has limited goals.

- What are some things that you work incredibly hard at professionally, yet feel very little satisfaction doing?
- Reflect on what it would take to feel a greater level of satisfaction.

**Imagination:** Someone who has many hopes and dreams, but shows little, if any, effort to reach those dreams.

- What are your big dreams for the future as an educator?
- Reflect on the steps you need to make those dreams a reality.

**Aspiration:** Someone who has the ability to think about the future, sets goals for themselves, and puts forth the effort to reach those goals.

- What goals are you currently working toward achieving?
- Reflect on a professional goal you recently accomplished and what it took to reach that goal.

