

- This self-scoring inventory is designed for you to reflect on personal factors that impact the potential of your voice being heard, valued and acted upon.

Identify your current level of proficiency using the "traffic light" scale.



- This is an area of concern. I need to pause and figure out how to improve.
- This is an area of uncertainty. I will proceed with caution knowing there is room for improvement.
- This is an area of strength. I am ready to use this factor as a means to use my voice for the good of the whole.

1. I have a <u>voice</u> .	
2. I am a <u>visionary thinker</u> .	
3. I am a <u>good listener</u> .	
4. I am <u>focused</u> and not easily distracted.	
5. I am <u>willing to learn</u> from people with diverse perspectives.	
6. I am <u>inspirational</u> to others.	
7. I am <u>genuine</u> and <u>sincere</u> .	
8. I am a strong <u>verbal</u> communicator.	
9. I am <u>realistic</u> with my ideas.	
10. I am <u>confident</u> .	
11. I am <u>empathetic</u> .	
12. I am <u>enthusiastic</u> .	
13. I am <u>credible</u> in the eyes of others.	
14. I am <u>dependable</u> and <u>trustworthy</u> .	
15. I am <u>concise</u> when I share my thoughts and ideas.	
16. I am <u>humble</u> .	
17. I am <u>knowledgeable</u> and <u>well-informed</u> .	
18. I am <u>optimistic</u> .	
19. I am in a <u>position of influence</u> .	
20. I am able to <u>laugh at myself</u> .	
21. I am <u>respectful</u> to everyone.	
22. I am <u>clear</u> on my shortcomings and strengths.	
23. I am not afraid to <u>lead</u> .	

## REFLECTION QUESTIONS

- What do I need to do **NOW** to change my reds to yellows?
- Who can support me with turning my yellows into greens?
- How am I using my greens to positively contribute to the good of the whole?