



My Voice Potential

This self-scoring inventory is designed for you to reflect on personal factors/traits that impact the potential of your voice being heard, valued and acted upon.




Identify your current level of proficiency using the “traffic light” scale.

- This is an area of concern. I need to pause and figure out how to improve.
- This is an area of uncertainty. I will proceed with caution knowing there is room for improvement.
- This is an area of strength. I am ready to use this factor/trait as a means to use my voice for the good of the whole.

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| 1. I have a <u>voice</u> . | |
| 2. I am a <u>visionary thinker</u> . | |
| 3. I am a <u>good listener</u> . | |
| 4. I am <u>focused</u> and not easily distracted. | |
| 5. I am <u>willing to learn</u> from people with diverse perspectives. | |
| 6. I am <u>inspirational</u> to others. | |
| 7. I am <u>genuine</u> and <u>sincere</u> . | |
| 8. I am a strong <u>verbal</u> communicator. | |
| 9. I am <u>realistic</u> with my ideas. | |
| 10. I am <u>confident</u> . | |
| 11. I am <u>empathetic</u> . | |

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| 12. I am <i>enthusiastic</i> . |  |
| 13. I am <i>credible</i> in the eyes of others. |  |
| 14. I am <i>dependable</i> and <i>trustworthy</i> . |  |
| 15. I am <i>concise</i> when I share my thoughts and ideas. |  |
| 16. I am <i>humble</i> . |  |
| 17. I am <i>knowledgeable</i> and <i>well-informed</i> . |  |
| 18. I am <i>optimistic</i> . |  |
| 19. I am in a <i>position of influence</i> . |  |
| 20. I am able to <i>laugh at myself</i> . |  |
| 21. I am <i>respectful</i> to everyone. |  |
| 22. I am <i>clear on my shortcomings and strengths</i> . |  |
| 23. I am not afraid to <i>lead</i> . |  |

REFLECTION QUESTIONS

-  What do I need to do NOW to change my reds to yellows?
-  Who can support me to turn my yellows into greens?
-  How am I using my greens to positively contribute to the good of the whole?