

One of the great barriers to a strong sense of Self-Worth is fear of failure. However, no one can be perfect all the time. There is great freedom in admitting our failures and embracing the opportunity to learn from things that did not go as planned. If our Self-Worth is solid and we are willing to share our mistakes with others, we can create opportunities to learn not only from our own failures, but also from the failed experiences of one another. *Failfest* is an idea developed by Gavin Dykes, a brilliant educational leader from the United Kingdom. He works with educational leaders around the world and has learned that it is not only okay to laugh at yourself, but it is emotionally healthy, as well.

*Failfest* is designed to openly share a moment in your educational career that may have shaken you for a moment, but in the long run, you become stronger professionally as a result of the experience.

In the box below, create a visual representation of a challenging moment or epic failure you have experienced as an educator. Then, share your picture with a partner and discuss what you learned from this experience.